SAFETY HELMETS AND VESTS

Per MRC Rule 7897.0100, subp. 16, No person shall ride a horse while on the grounds of an association without a properly fastened protective riding helmet. All jockeys and exercise riders must wear approved safety helmets and safety vests; the weight of which shall not be included in the jockey's race weight.

Safety Helmets Guidelines

Per NRCI Model Rules, the following is recommended:

A protective helmet, race meeting the 1984 Standard for Protective Headgear (Snell Memorial Foundation), Laboratory Procedure for Motorcycle Helmut Testing (Federal Motor Vehicle Safety Standard No. 218, U.S. Department of Transportation) or Specification for Headgear Used in Horse Sports and Horse Back Riding (ASTM Standard F085.53, Draft #4, 1986) standards for protective harness racing headwear is recommended. The chin strap must be securely fastened under the chin, must be worn at all times on association grounds when:

(1) racing, parading, or warming up a horse prior to racing; or
(2) jogging, training, or exercising a horse at any time.

Safety Vests Guidelines

Per NCRI Model Rules, the following is recommended:

(1) A safety vest shall be worn when:
(a) racing, parading or warming up a horse prior to racing; or
(b) jogging, training or exercising a horse at any time.

(2) A safety vest shall:
(a) Cover the torso, front and back, from the collar bone to the hip bone;
(b) Be of uniform material and thickness over the whole of the vest except for localized:

For more details on recommendations regarding safety vests, please see NRCI Model Rules.